

# Superhero Week

## Monday: Fire Department Appreciation



Today, the Sandwich firefighters will be coming to the Ridge Club to teach you all about what it means to be a superhero! You will get to look into the fire trucks, touch them and ask questions about their job.

## Tuesday: Create your own Super Hero



Today, you will create cuffs, a mask and a cape using craft supplies to make your superman/woman outfit! Be ready to go out and save the day!

## Wednesday: Training Day



In order to be a superhero, you need the strength! Today, we will complete a potato sack race, play limbo and much more! We will do all of this while wearing our superhero gear so that we can go out and save the world.

## Thursday: Sticky Spider Man/Woman



Today, you will learn how to create the world's stickiest spider web using tape. The spider web that catches the most objects will win!

## Friday: Police Department Appreciation



Today, more of Sandwich's superheroes will be coming to visit the Ridge Club! They will discuss their experiences and how they save our community on a regular basis! Get excited to look inside a police car!